



## **COVID-19 Pandemic Visiting Loved Ones in Long Term Care Homes or Retirement Residences**

Families, visitors and loved ones play an important role in our residents' quality of life and provide valuable caregiving and emotional support. As the COVID-19 pandemic continues its course, Revera's protocols on visitation in our long term care homes and retirement residences are evolving too, guided by provincial and regional Public Health authorities. As each province is in a different phase of pandemic planning, each has its own set of rules about visiting seniors in congregate living settings, which Revera must uphold.

For the most recent COVID-19 updates and guidance in your province, please visit the website of your provincial public health authority or Ministry of Health. If you have questions about visiting your loved one, please reach out to the Executive Director at that long term care home or retirement residence.

[Alberta](#)

[British Columbia](#)

[Manitoba](#)

[Saskatchewan](#)

[Ontario \(Long Term Care\)](#) , [Ontario \(Retirement\)](#)

[Newfoundland](#)

Following is a summary of the current public health-directed rules about visiting in each province in which Revera operates, as of December 14, 2020. **For full and specific visitation guidelines at each home or residence, please connect directly with the Executive Director. Please remember to follow ALL visitation guidelines, which are designed to help keep our residents and staff safe.**

### **Alberta**

<b>Type of residence</b>	<b>Outbreak status</b>	<b>Current Visitation Policy (as of December 14, 2020)</b>
Long term care	In outbreak	<ul style="list-style-type: none"><li>Continued access to the resident by the Designated Family/Support Persons (DFSP) following PH guidance and sites requirements for access to symptomatic residents.</li></ul>
	Not in outbreak	<ul style="list-style-type: none"><li>Visits must be pre-arranged with the home</li><li>Each resident can name up to two Designated Family/Support Persons (DFSP)</li><li>Physical distancing guidelines must be maintained at all times</li></ul>

		<ul style="list-style-type: none"> <li>• Risk Tolerance Assessment is required with input from families, residents, and staff to determine visitation in the home.</li> </ul> <p><b>Indoor Visits</b></p> <ul style="list-style-type: none"> <li>• Only the DFSPs are allowed indoor visits</li> <li>• Visitors are required to wear a mask at all times in the home and will be screened upon entry</li> <li>• Visitations may occur in Resident rooms or a designated area of the home ensuring physical distancing guidelines are maintained at all times.</li> </ul> <p><b>Outdoor Visits</b></p> <ul style="list-style-type: none"> <li>• Due to increased community transmission it is recommended that only the DFSP is permitted to visit at this time.</li> <li>• A designated outdoor visiting space will be made available for the visit (weather permitting).</li> <li>• Continuous use of mask is required for outdoor visits</li> </ul>
Retirement	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only, or as mandated by the Chief Medical Officer of Health</li> </ul>
	Not in outbreak	<ul style="list-style-type: none"> <li>• Each resident can name up to two Designated Family/Support Persons (DFSP)</li> <li>• Physical distancing guidelines must be maintained at all times</li> </ul> <p><b>Indoor Visits</b></p> <ul style="list-style-type: none"> <li>• Only the DFSPs are allowed indoor visits</li> <li>• Visitors are required to wear a mask at all times in the Residence and will be screened upon entry</li> </ul> <p><b>Outdoor Visits</b></p> <ul style="list-style-type: none"> <li>• A designated outdoor visiting space (weather permitting) will be made available for the visit.</li> <li>• Continuous use of mask is required for outdoor visits.</li> </ul>

**British Columbia**

<b>Type of residence</b>	<b>Outbreak status</b>	<b>Current Visitation Policy (as of December 14, 2020)</b>
Long term care	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> </ul>
	Not in outbreak	<ul style="list-style-type: none"> <li>• Outdoor and some indoor visits (in a designated visitation area) with one designated visitor per resident for the duration of this phase. Facility staff/operator can approve a change to the designated visitor under extenuating circumstances (e.g. visitor moves away, becomes ill or is unable to visit)</li> <li>• Visits must be scheduled in advance to ensure appropriate staffing and physical distancing</li> <li>• Visitors will be screened upon arrival</li> <li>• All visitors should adhere to physical distancing guidelines and are required to wear a face covering at all times (visitors are required to wear a medical grade mask as some Health Authorities require the use of such a mask)</li> <li>• Essential visitors do not need to schedule visit in advance. Only one essential care visitor at a time with exception of EOL/palliative where more than one at a time may be permitted</li> </ul>
Retirement	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> </ul>
	Not in outbreak	<ul style="list-style-type: none"> <li>• Indoor and outdoor visits with one designated visitor</li> <li>• Visits must be scheduled in advance to ensure appropriate staffing and physical distancing</li> <li>• Visitors will be screened upon arrival</li> <li>• All visitors must adhere to physical distancing guidelines and are required to wear a face covering at all times (cloth/homemade masks are fine)</li> </ul>

**Manitoba**

Type of residence	Outbreak status	Current Visitation Policy (as of December 14, 2020)
Long term care	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> <li>• Compassionate/End-of-Life Visits:               <ul style="list-style-type: none"> <li>▪ Two (2) designated visitors may visit in a 24-hour period. Two (2) may visit at a time if physical distancing is maintained.</li> <li>▪ Visitors required to wear a non-medical mask</li> <li>▪ In addition, up to one (1) general visitor may visit at a time in the resident's room if physical distancing can be maintained.</li> </ul> </li> </ul>
	Not in outbreak	<p>All Visits:</p> <ul style="list-style-type: none"> <li>• By appointment only</li> <li>• Visitors will be screened upon arrival and asked to sign in and out</li> <li>• Physical distancing required</li> </ul> <p>Compassionate/End-of-Life Visits:</p> <ul style="list-style-type: none"> <li>• Two (2) designated visitors may visit in a 24-hour period. Two (2) may visit at a time if physical distancing is maintained.</li> <li>• Visitors required to wear a non-medical mask</li> </ul> <p>Outdoor Visits (preferred):</p> <ul style="list-style-type: none"> <li>• Maximum of two (2) designated visitors may visit in a day.</li> <li>• Recommended strongly that visitors wear a non-medical mask</li> </ul> <p>Indoor Visits:</p> <ul style="list-style-type: none"> <li>• One (1) designated visitor may visit in a 24-hour period. Two (2) may visit at a time if physical distancing is maintained.</li> <li>• Visitors required to wear a non-medical mask</li> <li>• Visits to take place in a designated visitation room, that must be adhered to, near main entrance of home. Visits in resident rooms should only be by exceptional circumstances</li> </ul>
Retirement	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> </ul>

	Not in outbreak	<ul style="list-style-type: none"> <li>• Visits can now occur inside and outside the residence</li> <li>• Indoor visits occur in the resident’s suite. Please keep in mind physical distancing guidelines when determining the number of visitors in the suite</li> <li>• Outdoor visits occur in a designated space with physical distancing guidelines in mind</li> <li>• Visits are to be scheduled in advance to ensure appropriate staffing</li> <li>• Visitors will be screened on arrival</li> <li>• All visitors must adhere to physical distancing guidelines and are required to wear a face covering at all times (cloth/homemade masks are fine)</li> </ul>
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**Saskatchewan**

Type of residence	Outbreak status	Current Visitation Policy (as of December 14, 2020)
Retirement	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> </ul>
	Not in outbreak	<ul style="list-style-type: none"> <li>• Visits can now occur inside and outside the residence</li> <li>• Visits are to be scheduled in advance to ensure appropriate staffing and physical distancing</li> <li>• Visitors will be screened on arrival</li> <li>• All visitors must adhere to physical distancing guidelines and are required to wear a face covering at all times (cloth/homemade masks are fine)</li> </ul>

**Ontario**

Type of residence	Outbreak status	Current Visitation Policy (as of December 14, 2020)
Long term care	In outbreak <b>or</b> in areas that have been identified as having higher community spread (“hot zones”)	<ul style="list-style-type: none"> <li>• No general visitors</li> <li>• Each resident may designate up to two essential caregivers who may visit <u>separately</u> (subject to direction from public health)</li> <li>• Essential caregivers must pass active screening for COVID-19 when they arrive and must attest to having a negative COVID-19 test within the previous 14 days, and no subsequent positive test</li> </ul>
	Not in outbreak <b>and</b> in an area	Essential caregivers:

	<p>that has <b>not</b> been identified as having higher community spread</p>	<ul style="list-style-type: none"> <li>• Each resident may designate up to two essential caregivers.</li> <li>• Essential caregivers may visit together or separately at any time, for any duration.</li> <li>• If the resident is self-isolating or symptomatic, a maximum of one caregiver may visit at a time.</li> </ul> <p>General visitors</p> <ul style="list-style-type: none"> <li>• Up to two general visitors may visit a resident at once</li> <li>• Visits must be scheduled in advance to ensure appropriate staffing and physical distancing</li> <li>• Each resident may have at least one 30-minute visit per week</li> <li>• No general visitors are permitted for residents who are self-isolating or symptomatic</li> <li>• Visitors must maintain physical distancing at all times, including from the person they are visiting</li> </ul> <p>Indoor vs. outdoor visits:</p> <ul style="list-style-type: none"> <li>• Indoor visitors must attest to having a negative COVID-19 within the previous 14 days, without a subsequent positive test.</li> <li>• COVID-19 test not required for outdoor visits</li> <li>• Indoor visitors must wear personal protective equipment including a surgical/procedural mask</li> <li>• Outdoor visitors must bring their own face covering (cloth/homemade masks are fine)</li> </ul> <p>All visitors:</p> <ul style="list-style-type: none"> <li>• Visitors must pass active screening for COVID-19 when they arrive</li> <li>• Caregivers must not visit any other resident or home for 14 days after visiting a home in an outbreak or a resident who is self-isolating or symptomatic.</li> </ul>
<p>Retirement</p>	<p>In outbreak or residences which are in a high alert area</p>	<ul style="list-style-type: none"> <li>• Essential visitors only. The Ministry of Health recently changed the visitation policy for Retirement in <a href="#">Directive #3</a>. You can read the full directive <a href="#">here</a>.</li> </ul>

	Not in outbreak	<ul style="list-style-type: none"> <li>• Visits may occur inside or outside the residence, however we are recommending all visits (where possible) take place outdoors</li> <li>• Number of visitors and length of visit is up to the individual residence</li> <li>• Visits must be scheduled in advance in order to ensure appropriate staffing and physical distancing</li> <li>• Visitors must pass active screening for COVID-19 when they arrive</li> <li>• Physical distancing must be maintained at all times</li> <li>• For outdoor visits, visitors must bring their own face covering (cloth/homemade mask/covering are fine). For indoor visits, the face mask must be medical or surgical grade (as per the Chief Medical Officer of Health directives). Masks must be worn at ALL times for the duration of the visit.</li> </ul>
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**Newfoundland**

Type of residence	Outbreak status	Current Visitation Policy (as of December 14, 2020)
Retirement	In outbreak	<ul style="list-style-type: none"> <li>• Essential visitors only</li> </ul>
	Not in outbreak	<ul style="list-style-type: none"> <li>• Each resident can identify one support person and up to five designated visitors</li> <li>• A maximum of two people can visit per day; and two visitors can attend at the same time</li> <li>• Visits can take place inside or outside; Indoor visits must take place in the resident’s suite</li> <li>• Visits must be coordinated with the residence</li> <li>• Essential visitors are required to provide photo ID, sanitize their hands and will be screened upon entry (temperature check and questionnaire)</li> <li>• Physical distancing must be maintained at all times</li> </ul>

***If you have questions about visiting your loved one, please reach out directly to the Executive Director.***