



**Media Statement – COVID-19 Outbreak at Stirling Heights Long Term Care Home – Cambridge
- Dr. Rhonda Collins, Chief Medical Officer, Revera**

January 19, 2021

Region of Waterloo Public Health declared an outbreak of COVID-19 at Stirling Heights Long Term Care Home in Cambridge on January 17 after three staff members tested positive for COVID-19. The staff members are in self-isolation at their homes. No residents are affected.

We are working very closely with Public Health officials and are following strict pandemic outbreak protocols and infection control practices. All residents are monitored twice daily for symptoms.

All staff are screened at the beginning and end of their shifts and are being cohorted to work in assigned resident areas. All staff are required to wear an appropriate mask and eye protection in the home.

Enhanced cleaning is being done at Stirling Heights Long Term Care Home. We frequently disinfect high touch surfaces like handrails and doors, common areas and staff rooms.

At the direction of Region of Waterloo Public Health, all residents are to remain in their rooms at all times. Individual recreation activities will be continued to maintain social engagement during this period of isolation.

We have informed the residents, their families and the staff of the status of the outbreak. At the direction of Public Health, all indoor and outdoor visits are cancelled temporarily. Visits from essential caregivers and essential visits for palliative residents will be permitted.

Vaccinations have begun in Stirling Heights Long Term Care Home. All residents, who have provided consent and are able to be vaccinated, are now receiving vaccinations. Vaccinations for staff are also underway.

We recognize how difficult these measures are for residents and their families. We appreciate the patience and understanding of families as we put these precautions in place for the safety of the residents.

Revera continues to do everything we can to keep our residents and employees safe as we work to prevent the spread of COVID-19 at our long term care homes and retirement residences.