



Recreation Choices **March 2020**

The Williamsburg • Independent Living • Reem Sakran, Recreational Director, Ex.201



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM LEGEND BR Board Room CK Country Kitchen FC Fitness Centre GR Games Room LB Lobby Bar LIB Library MT Movie Theatre SR Solarium Room TG Terrace Grill	CALENDAR LEGEND Highlights Outings *IPad/Apple TV Programs	VENDORS March 5th: Scarfs by Cathy March 9th: Traditions Alive by Anish March 13th: EZ Fit Shoes March 19th: Presents by Gayle March 24th: Shiny Jewellery March 30th: Purdy's				
1 10:00am Open Swim 11:15am Mandala Art & Relaxation CK 01:30pm *Help Drop in for Electronics LIB 02:00pm Carpet Bowling LIB 02:00pm Bridge GR 03:30pm Travelogue: "Belfast" MT 04:00pm Social Hour LB 06:30pm Card Games CK 07:15pm *Movie: "Morning Glory" MT	2 08:45am Falls Prevention FC 09:45am Sit & Be Fit FC 10:30am Advanced Aqua Fit 11:15am TEP - Tier 3 FC 01:00pm Outing to RioCan Centre Burloak (Sign-Up) 02:00pm Sequence CK 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Mexican Train CK 07:15pm *Netflix Series: "Miss Fisher's Murder Mysteries" MT	3 09:45am TEP- Tier 2 FC 10:30am Advanced Aqua Fit 11:15am Baking Club CK 01:00-03:00pm *Tech Coaches LIB 01:30pm Low Impact Swim 02:30pm Blackjack GR 04:00pm Social Hour LB 06:30pm Scrabble CK 07:15pm *Beethoven 9 Chicago Symphony Orchestra MT	4 09:45am Sit & Be Fit FC 10:00am Knitting Club TG 10:30am Advanced Aqua Fit 01:15pm Java Music Club SR 02:00pm Lianne Harris Presentation "The Celts" MT 03:00pm Cribbage GR 04:00pm Social Hour LB 06:30pm Billiards GR 07:15pm *Movie "The 100 Year Old Man Who Climbed Out The Window and Disappeared" MT	5 09:45am Strength & Stretch FC 10:00am Vendor: Scarfs by Cathy 10:30am Advanced Aqua Fit 01:30pm Chair Zumba FC 02:15pm Falls Prevention FC 03:00pm Toonie Bingo TG 04:00pm Welcome Social & Family Feud Social Hour LB 06:30pm Pet Therapy with Ray 7:15pm *Classic Movie: "After the Wedding" MT	6 09:45am TEP- Tier 1 FC 10:30am Advanced Aqua Fit 11:15am *Guided Meditation and Relaxation MT 01:00pm Hearing Aids Clean & Check Screening 3 rd Floor 01:30pm Low Impact Swim 02:30pm Recreation Meeting with Reem MT 04:00pm Social Hour LB 06:30pm Euchre CK 07:15pm Live Entertainment by Brad Boland TG	7 9:45am Weekend Word Puzzle Booklet 10:15am Seated Yoga with Raj FC 11:15am Rummikub CK 1:00pm Oakville Centre: "Footloose the Musical" (Sign-Up) \$ 01:30pm *4 Pics 1 Word MT 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Card Games CK 07:15pm Saturday Night Movie: "The Help" MT
8 International Women's Day 10:00am Open Swim 11:15am *America's Got Talent MT 01:30pm *Help Drop in for Electronics LIB 02:00pm Guest Speaker on Two Female Hollywood Stars: Judy Garland & Deanna Durbin MT 02:30pm Bridge GR 04:00pm Social Hour LB 06:30pm Scattergories CK 07:15pm Movie "Hidden Figures" MT	9 Day Light Savings Starts 08:45am Falls Prevention FC 09:45am Sit & Be Fit FC 10:00am Vendor: Traditions Alive 10:30am Advanced Aqua Fit 11:15am TEP - Tier 3 FC 1:00pm Outing to the Movies (Sign-Up) \$ 2:00pm Jazz Presentation by Oliver MT 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Euchre CK 07:15pm *Netflix Series: "Miss Fisher's Murder Mysteries" MT	10 09:45am TEP-Tier 2 FC 10:30am Advanced Aqua Fit 11:00am Food Committee BR 01:30pm Low Impact Swim 02:30pm Food Meeting MT 03:00pm Poetry with Kate BR 04:00pm Social Hour LB 06:30pm Pictionary CK 07:15pm *La Esmeralda Ballet MT	11 09:45am Sit & Be Fit FC 10:00am Knitting Club TG 10:30am Advanced Aqua Fit 11:00am TEP Re-assessment FC 11:30am TEP- Tier 1 FC 01:30pm Java Music Club SR 02:30pm Entertainment by Brent Celebrations TG 03:00pm Cribbage GR 04:00pm Social Hour LB 06:30pm Billiards GR 07:15pm Movie "Babette's Feast" MT	12 09:45am Strength & Stretch FC 10:30am Advanced Aqua Fit 01:30pm Forty Creek Distillery (Sign-Up) \$ 01:30pm Chair Zumba FC 02:15pm Falls Prevention FC 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Pet Therapy with Ray 7:15pm *Netflix Movie: "A Fall from Grace" MT	13 09:45am TEP- Tier 1 FC 10:15am TEP Re-assessment FC 10:30am Advanced Aqua Fit 11:00am Vendor: EZ Fit Shoes 11:15am Word Soup MT 01:30pm Low Impact Swim 02:30pm Rummikub CK 03:00pm Spanish Beginners Class with Lucy BR 04:00pm Social Hour LB 06:30pm Euchre CK 07:15pm *Movie: "Lawrence of Arabia Part 1" MT	14 9:45am Weekend Word Puzzle Booklet 10:15am TEP-Tier 2 FC 11:15am Group Discussion & Coffee CK 01:30pm Entertainment by Peter Harding on Piano LIB 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Scrabble CK 07:15pm *Movie: "Lawrence of Arabia Part 2" MT

Hello March!

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15 10:00am Open Swim 11:15am Mandala Art & Relaxation CK 01:30pm *Help Drop in for Electronics LIB 02:00pm Carpet Bowling LIB 02:00pm Bridge GR 03:30pm Travelogue: "Dublin" MT 04:00pm Social Hour LB 06:30pm Card Games CK 07:15pm Movie: "Brigadoon" MT	16 Brain Awareness Week 09:45am Sit & Be Fit FC 10:30am Advanced Aqua Fit 11:15am TEP - Tier 3 FC 01:00pm Outing to Burlington Mall (Sign-Up) 01:30pm Cranium Crunch CK 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Mexican Train CK 07:15pm Live Performance by Irish Dancers TG	17 St. Patrick's Day 09:45am TEP- Tier 2 FC 10:30am Advanced Aqua Fit 11:15am Baking Club CK 01:30pm Low Impact Swim 02:30pm St. Patrick's Day Entertainment with Gerry & John TG 04:00pm Social Hour LB 05:00pm St. Patrick's Day Themed Dinner (Sign-Up) 06:30pm Scrabble CK 07:15pm *Documentary: "Irish History- The Real Ireland" MT	18 09:45am Sit & Be Fit FC 10:00am Knitting Club TG 10:30am Advanced Aqua Fit 11:15am Ted Talk: "Food for Thought" MT 12:00pm Men's Club Lunch Outing to Studebaker (Sign-Up) 01:30pm Java Music Club SR 02:30pm Healthy Minds: Falls Prevention Presentation MT 03:00pm Cribbage GR 04:00pm Social Hour LB 06:30pm Billiards GR 07:15pm *Movie: "Leap Year" MT	19 First Day of Spring 09:45am Strength & Stretch FC 10:00am Vendor: Presents by Gayle 10:30am Advanced Aqua Fit 11:15am St. Luke's Church Service LIB 01:00pm Maple Syrup Festival at Bronte Creek (Sign-Up) \$ 01:30pm Chair Zumba FC 02:15pm Falls Prevention FC 03:00pm Toonie Bingo TG 04:00pm Name That Tune Social Hour LB 06:30pm Pet Therapy with Ray 7:15pm *Movie: "Hampstead" MT	20 09:45am TEP- Tier 1 FC 10:30am Resident General Meeting MT 11:15am *Guided Meditation and Relaxation MT 01:30pm Low Impact Swim 01:30pm BPL Book Exchange/Drop Off LIB 02:30pm Artful Talks with Cailey MT 03:00pm TEP-Tier 2 FC 04:00pm Social Hour LB 06:30pm Euchre CK 07:15pm *Movie: "The Wife" MT	21 9:45am Weekend Word Puzzle Booklet 10:15am Seated Yoga with Raj FC 11:15am Rummikub CK 01:30pm *4 Pics 1 Word MT 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 05:00pm West End Jazz Dinner & Show Event (Sign-Up) \$ 07:15pm *Movie: "Nights of Rodanthe" MT
22 10:00am Open Swim 11:15am *America's Got Talent MT 01:30pm *Help Drop in for Electronics LIB 02:00pm Carpet Bowling LIB 02:00pm Bridge GR 03:00pm A.G.E Spring Craft CK 04:00pm Social Hour LB 06:30pm Scattergories CK 07:15pm *Movie: "A Dog's Purpose" MT	23 08:45am Falls Prevention FC 09:45am Sit & Be Fit FC 10:30am Advanced Aqua Fit 11:15am TEP - Tier 3 FC 01:00pm Mohawk Casino (Sign-Up) 02:00pm *Word Soup MT 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Euchre CK 07:15pm *Netflix Series: "Miss Fisher's Murder Mysteries" MT	24 09:45am TEP- Tier 2 FC 10:30am Advanced Aqua Fit 11:00am Vendor: Shiny Jewellery 11:15am Baking Club CK 01:30pm Low Impact Swim 03:00pm Trivia Challenge with Host Les CK 04:00pm Social Hour LB 06:30pm Pictionary CK 07:15pm *Andre Rieu New York Concert MT	25 09:45am Sit & Be Fit FC 10:00am Knitting Club TG 10:30am Advanced Aqua Fit 01:30pm Java Music Club SR 02:30pm TEP Re-assessment FC 03:00pm Cribbage GR 04:00pm Social Hour LB 06:30pm Billiards GR 07:15pm Movie "Grumpy Old Men" MT	26 Blue Jays Home Opener 09:45am Strength & Stretch 10:30am Advanced Aqua Fit 01:30pm Chair Zumba FC 02:15pm Falls Prevention FC 02:30pm Toonie Bingo 04:00pm Cocktail Party with Entertainment by Steve Angel GR 5:30pm Burlington Museum After Hours: "Shipwreck-Dive into History" (Sign-Up) \$ 06:30pm Pet Therapy with Ray 7:15pm *Movie: "Full Count" MT	27 09:45am TEP- Tier 1 FC 10:30am Advanced Aqua Fit 11:15am *Billiards GR 01:30pm Low Impact Swim 02:00pm Rummikub GR 03:00pm TEP-Tier 2 FC 04:00pm Social Hour LB 06:30pm Euchre CK 07:00pm *Blue Jays Opening Weekend Game & Social MT	28 9:45am Weekend Word Puzzle Booklet 10:15am TEP-Tier 2 FC 11:00am Mapleview Mall (Sing-Up) 01:30pm Sequence CK 02:00pm Ballroom Dancing with Derek 3rd Floor 03:00pm Jackpot Bingo TG 04:00pm Social Hour LB 06:30pm Scrabble CK 07:15pm Saturday Night Alec Guinness Movie: "The Lavender Hill MOB" MT
29 10:00am Open Swim 11:15am Mandala Art & Relaxation CK 01:30pm *Help Drop in for Electronics LIB 02:00pm Entertainment by Herb Williams on Piano LIB 02:00pm Bridge GR 04:00pm Social Hour LB 06:30pm Card Games CK 07:15pm *Movie: "The Miracle Season" MT	30 09:45am Sit & Be Fit FC 10:00am Vendor: Purdy's 10:30am Advanced Aqua Fit 11:15am TEP - Tier 3 FC 11:15am The Dutch Mill Country Market (Sign-Up) 01:30pm KOBO Book Club LIB 03:00pm Toonie Bingo TG 04:00pm Social Hour LB 06:30pm Mexican Train CK 07:15pm *Netflix Series: "Miss Fisher's Murder Mysteries" MT	31 09:45am TEP- Tier 2 FC 10:30am Advanced Aqua Fit 11:15am Baking Club CK 01:30pm Low Impact Swim 02:30pm Healthy Minds: Fraud Scams Presentation MT 04:00pm Social Hour LB 06:30pm Scrabble CK 07:15pm *Romeo & Juliet Ballet MT		VENDORS March 5 th : Scarfs by Cathy March 9 th : Traditions Alive by Anish March 13 th : EZ Fit Shoes March 19 th : Presents by Gayle March 24 th : Shiny Jewellery March 30 th : Purdy's	CALENDAR LEGEND Highlights Outings *iPad/Apple TV Programs	ROOM LEGEND BR Board Room CK Country Kitchen FC Fitness Centre GR Games Room LB Lobby Bar LIB Library MT Movie Theatre SR Solarium Room TG Terrace Grill

