



# Recreation Choices March 2020

Plymouth Cordage • Baillie Ortiz, Director of Recreation, 905-735-3322

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Sequence with Mackenzie (TV) 1:30 Tiered Exercise Assessments (WC) <b>1:45 Artful Hearts Ministries (TV)</b> 2:30 Tri-Ominoos (TV) 3:30 TEP 1 (TV) 4:00 Left right center (TV) <b>6:45 *Netflix: Marriage Story (TV)</b>	<b>2</b> 9:30 Mass (CH) 9:30 Dominoes (TV) <b>10:30 Town Hall Meeting (WR)</b> 1:30 TEP 2 (TV) <b>2:15 Paroisse Sacre-Coeur: Video Presente a l'occasion du 85e Anniv. De notre paroisse (TV)</b> 3:00 Bingo (WR) 6:45 Euchre/ Card Games (TV)	<b>3</b> 9:30 Bean Bag Toss (TV) 10:30 Lotto 649 (WR) <b>10:30 Pet Therapy: Teddy Tuesdays (L)</b> 1:30 Stay Active (TV) <b>2:30 Piano Music with Mike McNally (L)</b> <b>3:30 *Trivia (TV)</b> 6:45 10 Cent Bingo with Erin (WR)	<b>4</b> 9:30 Stay Active (TV) 9:45 Knitting Club (AR) 10:30 Wild Kingdom (WR) 11:00 Foosball (WR) 1:30 Ring Toss (TV) 2:30 Words in a Word (TV) <b>3:30 Music with Muriel (TV)</b> 6:45 Trivia with Vanessa (WR)	<b>5</b> 9:30 Crosswords (TV) <b>10:00 Scenic Drive (SU)</b> 10:30 Putting for Prizes (TV) <b>12:00 Delta Bingo (SU)</b> 1:30 Stay Active (TV) <b>2:15 Recreation Meeting (WR)</b> 3:00 Bingo (WR) 6:45 Euchre/Card games (TV)	<b>6</b> 9:15 Rosary (CH) 9:00 Manicures (TV) 9:30 Left, Right, Centre (TV) 10:30 Tiered Exercise Program 1 (TV) <b>2:00 Cocktail Hour with Ent. By Ron Dewberry (TV)</b> 3:30 Horse Races (TV) 6:45 Card Bingo (WR)	<b>7</b> 10:00 Resident Run Sequence (TV) 1:30 Bowling (WC) 2:30 Scruples (WR) 3:30 Tiered Exercise Program 2 (TV) <b>4:00 *Hangman (TV)</b> <b>6:45 *Netflix: Our Planet- Ep. 5: From Deserts to Grasslands (TV)</b>
<b>8 Daylight Savings</b> 10:30 Mass (CH) <b>10:30 Piano Pat (TV)</b> 1:30 1:1 Visits <b>1:45 Artful Hearts Ministries (TV)</b> 2:30 Ladder Ball (WC) 3:30 Tiered Exercise Program 1 (TV) 4:00 That Face or Place (TV) <b>6:45 *Netflix: 50 First Dates (TV)</b>	<b>9</b> <b>10:00 Laughter Yoga (TV)</b> <b>1:30 Crafts: Pom Pom Critters (AR)</b> 3:00 Bingo (WR) 4:00 Trivia (WR) 6:45 Euchre/ Card games (TV)	<b>10</b> <b>9:30 *Hangman (TV)</b> 10:15 Balloon Volley (TV) <b>10:30 Pet Therapy: Teddy Tuesdays (L)</b> <b>11:00 What's New in the World: Gadgets (TV)</b> 1:30 Stay Active (TV) 2:30 Rummikub (TV) <b>3:30 St. Patrick's Day Craft: Leprechaun Face Mask (AR)</b> 6:45 10 Cent Bingo with Erin (WR)	<b>11</b> 9:30 Stay Active (TV) 9:45 Knitting Club (AR) 10:30 Pokeno (TV) 1:30 Shuffleboard (TV) <b>2:15 Crokinole (TV)</b> <b>3:00 Hymn Sing with Joanne (WR)</b> 3:30 1:1 Visits 6:45 Tri-Ominoos with Vanessa (TV)	<b>12</b> <b>9:30 A.G.E. Daycare visits: Sing-A-Long with Pat Serre (TV)</b> <b>10:30 Casino (SU)</b> 10:45 Putting for Prizes (TV) 1:30 Stay Active (TV) <b>1:30 Scenic Drive (SU)</b> <b>2:15 Food Meeting (WR)</b> 3:00 Bingo (WR) 6:45 Euchre/ Cards (TV)	<b>13 Vendor</b> 9:15 Rosary (CH) 9:00 Manicures (TV) 10:30 Words in a Word (TV) <b>10:30 Vendor: Devine Design (L)</b> <b>2:00 Cocktail Hour with Ent. By Soundscape (TV)</b> 3:30 Ring Toss (TV) 6:45 Card Bingo (WR)	<b>14</b> 10:00 Resident Run Shut the Box (TV) <b>1:30 Baking Program: Chocolate Chip Cookies (L)</b> 3:30 Tiered Exercise Program #2 (TV) 4:00 You be the Judge (TV) 6:45 Foosball (L)
<b>15</b> 10:00 Crosswords with Mackenzie (TV) 1:30 TEP Assessments (WC) <b>1:45 Artful Hearts Ministries (TV)</b> 2:30 Lotto 649 (TV) 3:30 Tiered Exercise Program 1 (TV) <b>4:00 *Word to Word (TV)</b> <b>6:45 *Netflix: Steel Magnolias (TV)</b>	<b>16</b> 9:30 Mass (CH) 9:30 Scruples (TV) 10:30 Balloon Volley (TV) <b>11:00 *Hangman (TV)</b> <b>2:00 Healthy Minds #5: R &amp; T Auctioneers Mock Auction &amp; Info (WR)</b> 3:00 Bingo (WR) 6:45 Euchre/ Card games (TV)	<b>17 St Patrick's Day</b> <b>9:30 Name that Irish Tune (WR)</b> <b>10:00 Boggios Walker Clinic (WR)</b> <b>10:00 Shamrock Painting (WR)</b> <b>10:30 Pet Therapy: Teddy Tuesdays (L)</b> 1:30 Stay Active (TV) <b>2:00 St. Patrick's Day Party with Ent. By Stuart Laughton (TV)</b> <b>3:30 Hot Potato (TV)</b> 6:45 10 Cent Bingo with Erin (WR)	<b>18</b> 9:30 Stay Active (TV) 9:45 Knitting Club (AR) 10:30 That Face or Place (TV) <b>11:00 *Wordscapes (TV)</b> 1:30 Bowling (WC) 2:30 Weird but True (TV) <b>3:30 Music with Muriel (TV)</b> 6:45 Uno with Vanessa (TV)	<b>19</b> <b>9:30 Smoothies &amp; Riddles (L)</b> <b>10:00 Scenic Drive (SU)</b> 10:30 Rummikub (TV) 1:30 Stay Active (TV) <b>1:30 Butterfly Conservatory (SU)</b> <b>2:00 Healthy Minds #6: Cornerstone Vintage Furnishings &amp; Antiques (WR)</b> 3:15 Bingo (WR) 6:45 Euchre/ Card Games	<b>20</b> 9:15 Rosary (CH) 9:00 Manicures (TV) 9:30 Dominoes (TV) 10:30 Putting for Prizes (TV) <b>2:00 Cocktail Hour with Ent. By Dan Grenier (TV)</b> 3:30 Horse Races (TV) 6:45 Card Bingo (WR)	<b>21</b> 10:00 Resident Run Rummikub (TV) <b>1:30 Bread Baking (L)</b> 3:30 Tiered Exercise Program 2 (TV) 4:00 Crosswords (TV) <b>6:45 *Netflix Doc.: Our Planet- Ep. 6: The High Seas (TV)</b>



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<p><b>22</b></p> <p>10:30 Mass (CH)  <b>10:30 Piano Pat (TV)</b>            1:30 1:1 Visits  <b>1:45 Artful Hearts Ministries (TV)</b>            2:30 Bean Bag Toss (TV)            3:30 TEP 1 (TV)            4:00 Shut the Box (TV)  <b>6:45 *Netflix: Betty White-First Lady of Television (TV)</b></p>	<p><b>23</b></p> <p>9:30 Words in a Word (TV)            10:30 Tiered Exercise Program 2 (TV)            11:00 Balloon Volley (TV)            1:30 Bowling (WC)  <b>2:00 Paroisse Sacre-Coeur: Carillon 2000 Arrivee des cloches 1998 (TV)</b>            3:00 Bingo (WR)  <b>4:00 *Trivia (WR)</b>            6:45 Euchre/ Card games (TV)</p>	<p><b>24</b></p> <p>9:30 Crosswords (TV)  <b>10:00 Walmart (SU)</b>            10:30 Sequence (TV)  <b>10:30 Pet Therapy: Teddy Tuesdays (L)</b>  <b>11:30 Betty's Restaurant (SU)</b>            1:30 Stay Active (TV)  <b>2:30 Piano Music with Mike McNally (L)</b>  <b>3:30 Crokinol (TV)</b>            6:45 10 Cent Bingo with Erin</p>	<p><b>25</b></p> <p>9:30 Stay Active (TV)            9:45 Knitting Club (AR)            10:30 Lotto 649 (WR)            1:30 Ladder Ball (WC)  <b>2:00 Waffle Wednesday (L)</b>  <b>3:00 Hymn Sing with Joanne (WR)</b>            6:45 Rummikub with Vanessa (TV)</p>	<p><b>26</b></p> <p>9:30 Putting for Prizes (TV)  <b>10:30 Crafts: Bubble Wrap Tree Paintings (AR)</b>            1:30 Stay Active (TV)            2:15 Left, Right, Center (TV)            3:00 Bingo (WR)            6:45 Euchre/Card Games (TV)</p>	<p><b>27</b></p> <p>9:15 Rosary (CH)            9:00 Manicures (TV)            10:30 Tiered Exercise Program 1 (TV)  <b>11:00 *Wheel of Fortune (TV)</b>  <b>2:00 Birthday Party Cocktail Hour with Ent. Mark Corman(TV)</b>            3:30 Sequence (TV)            6:45 Card Bingo (WR)</p>	<p><b>28</b></p> <p>10:00 Dominoes (TV)            1:30 Ring Toss (TV)            2:30 Penny Ante (TV)            3:30 Tiered Exercise Program 2 (TV)            4:00 Word Chain (WR)            6:45 Foosball (L)</p>
<p><b>29</b></p> <p>10:00 Resident Run Board Games (TV)            1:30 TEP Assessments (WC)  <b>1:45 Artful Hearts Ministries (TV)</b>            2:30 Shuffle Board (TV)            3:30 Tiered Exercise Program 1 (TV)  <b>4:00 *Hangman (TV)</b>  <b>6:45 *Netflix: La La Land (TV)</b></p>	<p><b>30</b></p> <p><b>9:00 Morning Smoothies and Riddles (L)</b>            9:30 Mass (CH)            9:30 Ring Toss (TV)  <b>10:30 Crafts: Rain Sticks (AR)</b>  <b>1:30 *Trivia (WR)</b>            2:15 Left, Right, Center (TV)  <b>2:30 Welland Library/Book Club (TV)</b>            3:00 Bingo (WR)  <b>7:00 Musical Performance by Maria D'Amelio (L)</b></p>	<p><b>31 Vendor</b></p> <p><b>9:45 Yoga with Julie (TV)</b>            10:30 Pokeno (TV)  <b>10:30 Pet Therapy: Teddy Tuesdays (L)</b>  <b>11:00 Sense of Bling-Vendor (L)</b>            1:30 Stay Active (TV)            2:30 Rummikub (TV)            3:30 Horse Races (TV)            6:45 10 Cent Bingo with Erin (WR)</p>				
		<p><b>ROOM LEGEND</b></p> <p>TV Tv Lounge            DR Dining Room            WR Welland Room            WC Wellness Center            LI Library            L Lobby            CY Courtyard            FD Front Door            SF Second Floor            SU Sign Up</p>	<p><b>CALENDAR LEGEND</b></p> <p><b>Highlights</b></p> <p><b>Outings</b></p> <p>*IPad/Apple TV Programs            A.G.E- Intergenerational Program            TEP- Tiered Exercise Program</p>	<p><b>IMPORTANT DATES</b></p> <p>March 5<sup>th</sup>: Recreation Meeting            March 9<sup>th</sup>: Laughter Yoga            March 12<sup>th</sup>: Welland Day Care Visits            March 17<sup>th</sup>: St. Patrick's Day            March 25<sup>th</sup>: Waffle Wednesday</p>	<p><b>Dimensions of Wellness</b></p>	

